

Published based on [2 basic anti cellulite treatments](#)

2 basic anti cellulite treatments

Women around the globe surely won't be frustrated since there are kinds of treatments accessible these days.

Cellulite treatment can be grouped into 2 basic types:

Cellulite treatments recommended by doctors

Cellulite reduction by utilizing numerous facilities supplied by specialized spas

But before we get into the details, we need to have many basic know-how about the relevant cellulite information. It would help us to comprehend the problem better and so it will be easier for us to work towards a solution.

Cellulite treatments proposed by doctors are separated in two types, and they are lipodissolve (which is the latest progress in the liposuction surgery) and mesotherapy.

Why don't we first discover what lipodissolve is.

It's most recent method of cellulite treatment and unlike liposuction which gets rid of large volumes of fat from all over the body through surgical procedure; lipodissolve injects phosphatidylcholine just under the skin. This medicine works seamlessly with typical physiological functioning of the body and the results are achieved in 2 weeks. However, this method of cellulite treatment hasn't been extensively executed and it's yet to obtain the approval from FDA.

A more well established method of cellulite treatment is mesotherapy. A personalised medicine of vitamins, minerals and amino acids is inserted directly in the affected regions. Medical professionals typically suggest a two week treatment for an affected place and the results obtained occasionally could be dramatic. Many individuals have reported a reduction of approximately six inches of cellulite within a fortnight.

The other non medical methods accessible for cellulite treatment are:

Endermologie

Cellulite Acoustic Wave Therapy

Endermologie is simply a massaging technique which expands the impacted areas so that the cellulite fades away.

The next treatment makes use of acoustic waves to pressurize the fat under the skin and makes the skin look better. It needs around six sessions to get visible results.

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